

AK Child & Family RRCY Training Grant 2014 – 15 Staff Training Opportunities:

The Mandt System	<ul style="list-style-type: none"> <li>This Crisis Intervention training can be offered as a 1 day training, for Basic certification, or as a 2 day training, for intermediate certification (includes use of physical skills). Annual re-certification required.</li> </ul>
Residential Child & Youth Care Professional	<ul style="list-style-type: none"> <li>This training typically takes 3 days &amp; covers Culture of Care, Child Development, Relationship Building &amp; Discipline. An optional online test leads to the professional certification.</li> </ul>
Alaska QPR Gatekeeper Suicide Prevention	<ul style="list-style-type: none"> <li>This updated version of Alaska's Gatekeeper Suicide Prevention Curriculum is based on the QPR (Question, Persuade, Refer) National evidence-based model. It is a 1 day training.</li> </ul>
Preparation for Adult Living (PAL) Life Skills Curriculum	<ul style="list-style-type: none"> <li>This training assist youth in developing skills necessary to function as an adult . The key areas covered are: Health and Safty, Housing and Transportation, Job Readiness, Financial Management, Life Decisions/Responsibility and Personal/Social Relationships.</li> </ul>
State of Alaska Trauma 101	<ul style="list-style-type: none"> <li>Focusing on enhancing understanding of how trauma impacts the lives of individuals, this 4 -6 hour training is a good introduction to Trauma-Informed Care.</li> </ul>
Shelter from the Storm: Trauma Informed Care	<ul style="list-style-type: none"> <li>This training was developed at the University of Oklahoma (home of RCYCP); it explores trauma informed care in some depth &amp; advocates the use of "trauma-informed consequences," when working with youth. 1 -2 day options available. Recommended that staff have already completed Trauma 101.</li> </ul>
What Fills Your Teapot?: Secondary Trauma & Self-Care	<ul style="list-style-type: none"> <li>As Certified Compassion Fatigue Educators with the Figley Institute, our trainers can customize a self-care workshop for your staff. It can be a stand-alone training, or added to a training such a Trauma 101 or Gatekeeper.</li> </ul>
State of Alaska FASD 101	<ul style="list-style-type: none"> <li>Introduction to Fetal Alcohol Spectrum Disorders - Prevention, Diagnosis &amp; Intervention Approaches. 4 hours.</li> </ul>
State of Alaska FASD 201	<ul style="list-style-type: none"> <li>This training is designed to follow up FASD 101 and there is a stronger emphasis on intervention strategies &amp; supports. 4 hours.</li> </ul>
CDC's FASD Core Competencies	<ul style="list-style-type: none"> <li>This 1 day training has a heavy emphasis on prevention and is especially suited to those working in a medical setting. Elements can be combined with FASD 101/201 on request.</li> </ul>
"Into Action: Brain Based Approach to FASD & other Neurobehavioral Disorders."	<ul style="list-style-type: none"> <li>Developed by Diane Malbin/FASCETS , this in-depth training uses a variety of tools to help understand &amp; support an individual with FASD or other neurobehavioral disorders. Time required varies based on agency need.</li> </ul>
Youth Mental Health First Aid	<ul style="list-style-type: none"> <li>This practical course will help participants recognize signs of suicidality or other mental health crises in young people, and offers guidance on providing appropriate support. 1 day class.</li> </ul>
Basic Counselor Training for the Direct Care Professional	<ul style="list-style-type: none"> <li>Ideally a 2 day class, this training focuses on topics including building therapeutic relationships, models of change, child development, and cultural awareness.</li> </ul>
"Giving a Fish a Bath: <i>The Untold Story of the Adolescent Mind.</i> "	<ul style="list-style-type: none"> <li>Developed by the Upsidedown Organization, this 4 hour workshop explores brain development in the teenage years.</li> </ul>
"Battling the Bully: <i>A Brain Inspired Approach to Bullying.</i> "	<ul style="list-style-type: none"> <li>Another Upside Organization training, this workshop focuses on understanding, prevention and intervention approaches. 4 hours.</li> </ul>
Understanding Child Development/Early Childhood	<ul style="list-style-type: none"> <li>This training looks both at neurotypical child development and what happens is development is disrupted by trauma, neglect, mental illness etc. An early childhood option is available. Typically a half to full day training, depending on need.</li> </ul>
Knowing Who You Are (KWYA)	<ul style="list-style-type: none"> <li>is a curriculum that helps child welfare professionals explore race and ethnicity, preparing them to support the healthy development of their constituent's racial and ethnic identity.</li> </ul>
Alaska Core Competencies for the Direct Care Professional	<ul style="list-style-type: none"> <li>Training is available in 10 identified "core competencies," ranging from "Delivering Services," to "Professional Ethics." Highly customizable based on your agency's needs; full curriculum requires 3 -4 days.</li> </ul>
Pressley Ridge Treatment Foster Care Curriculum	<ul style="list-style-type: none"> <li>Designed primarily for treatment foster parents, this competency- based curriculum covers topics such as child development, skill teaching, and conflict resolution.</li> </ul>

Custom Training Options Available – Please contact us to discuss your individual needs [apeters@akchild.org](mailto:apeters@akchild.org); [ahernandez@akchild.org](mailto:ahernandez@akchild.org)