
Youth Alliance for a Healthier Alaska

September 2, 2017 - May 31, 2018

The Purpose of YAHA is to advise the Adolescent Health Program and other Division of Public Health programs and to create interventions designed at improving the lives of adolescents in Alaska.

Participating and highly engaged YAHA members will:

- Develop a greater understanding of public health and programs
- Increase understanding of your role within a diverse group of youth and adults
- Increase self-esteem and confidence in your abilities to voice informed opinions on Alaska youth health topics

Schedule of Meetings & Topics

9/2-3/2017	YAHA Leadership Orientation (12 hours) Review: Your role in YAHA & Alaska Public Health <input type="checkbox"/> ACTION 1: Community Health Resource Interview and Community Partner Analysis due 9/30/2017 (1 hour)
10/1/2017	Youth Friendly Clinics (Jenny) (3 hours) Review: Community Health Resource Interviews <input type="checkbox"/> ACTION 2: Community Health Resource Interview and Community Partner Analysis (Extended until 10/19)
11/5/2017	Adolescent Brain Development (Jenny) & Physical Activity (Trevor) (3 hours) Review: Observational Research, CAP planning Worksheet <input type="checkbox"/> ACTION 3: YAHA Action Project Planning Worksheet 11/10/17: (1 hour)
11/18-20/2017	Lead On Conference for Peace and Equality (3 hours) <input type="checkbox"/> ACTION 4: Journal entry about the Lead-On experience 11/21/17
12/3/2017	Gender & Identity (Jenny) & Dressember (Julia) (3 hours) Review: Lead-On Experience, Community Lens, Proposal <input type="checkbox"/> ACTION 5: Observational Research due 12/30/17 (1 hour)
1/7/2018	Stand Up Speak Up mini-grant review (3 hours) Review: Mid-Session Reflections and all grant application summaries prior to meeting <input type="checkbox"/> ACTION 6: Community Action Project proposal due 2/28/18 (1 hour)
2/4/2018	Understanding Childhood Trauma (Jenny) & Mental Health (Louie) (3 hours) Review: Community Partners & Adolescent Well Visit <input type="checkbox"/> ACTION 7: Mid-Session Reflection due for 1/31/18 (1 hour)
3/4/2018	Substance Abuse & Misuse (Jenny & Destiny) (3 hours) Review: Careline, and Youth Mental Health First Aid <input type="checkbox"/> ACTION 8: Graduate Interviews due 3/27/18 (1 hour)
3/31/2018	Youth Clinics & Preparing for Session Close and 2017-2018 Session (3 hours) Review: new member interviews, returning member applications, graduate interviews <input type="checkbox"/> ACTION 9: Recruitment Efforts due 4/24/18 (1 hour)
5/6/2018	Selecting the 2016-2017 Alliance Members Interviews (3 hours) Review: Member Reflections and presentations Final YAHA Session meeting, Ignite Presentations & Session Debrief <input type="checkbox"/> ACTION 10: Select new member interviewees & interviewers in meeting
5/21-31/2018	New Member Interviews (2-3, 2 hours interview segments) <input type="checkbox"/> ACTION 11: Submit final interviewer sheets via email by 5/31/18

Method of Instruction

YAHA members will be encouraged to complete a health journal entry after each meeting and participate in all in-meeting/teleconference discussions. Members will also be encouraged to participate in Facebook discussions about health topics affecting youth in Alaska by including other friends in the discussion. A final 5 minute presentation will be required by each member on a health topic they learned about in YAHA and communicate a plan for sharing the presentation either at school or in their home community

Method of Evaluation

Session Meetings Participation	30 points
Self-Assessment (pre and post session)	10 points
Orientation Participation	20 points
Lead-On! Participation (planning and conference)	10 points
Complete Individual ACTION Assignments	20 points
Final 5-minute presentation	10 points

Attendance

Each member is allowed one excused absence from YAHA teleconferences/meetings. Members must email the group to let us know when you will not be able to attend. Members will still be responsible for reviewing content and completing the calls to ACTION you missed. Meeting/Teleconference attendance for all members is essential; multiple member absences will send a message of disinterest to your member-peers. Communication is key!