



My emergency telephone list

You can cut this page out and keep it on your fridge or in another easy location.

Emergency: Dial 911 where available	
Name	Phone number
Police Department (non-emergency)	
Fire Department	
Gas Company	
Electric Company	
Poison Control	1-800-222-1222
Family	
Name	Phone number
Friends/Co-workers	
Name	Phone number

Updated: __/__/__

Be sure to check and update this form yearly.