

(Q29) Has your child ever experienced any of the following events or situations?

	% Yes	95% CI*	
Overnight stay in a hospital (not including right after birth)	13.7	10.4	17.8
Death of a household member	5.3	3.5	7.9
Alcoholism or mental health disorder among household members	4.4	2.8	7.0
Witness violence or physical abuse between household members	4.0	2.4	6.8

(Q35) Yesterday, how much time did your child spend watching television shows, videos, movies or playing video games?

Include time on a computer, tablet, or smart phone.

	%	95% CI*	
2+ hours	44.4	38.7	50.3
1 to <2 hours	30.3	25.2	35.9
<1 hour	17.2	13.5	21.7
None	8.1	5.7	11.4

(Q36) Yesterday, how much time did you or someone else read aloud to your child?

	%	95% CI*	
30 minutes or more	64.5	58.8	69.8
Less than 30 minutes	27.1	22.3	32.6
None	8.4	5.8	12.0

(Q37) How many children’s picture books are in your home now, including library books? Please only include picture books that are for young children.

	%	95% CI*	
More than 25 children’s books	75.4	70.4	79.9
11 to 25 children’s books	13.3	10.0	17.5
6 to 10 children’s books	8.4	5.6	12.4
1 to 5 children’s books	2.5	1.3	4.8
No children’s books	0.3	0.1	1.3

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS sends a follow-up survey to all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 721 mothers who were sent the CUBS survey in 2015, 65% responded (472 women). Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2012. The average child age at the time mothers responded was 38 months (range 37-41 months). 2.4% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit the [CUBS website](#).

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

*95% Confidence Interval

(Q38a) During the past week, how many days did you or someone else in your household sit down and eat a meal with your child?

	%	95% CI*	
Every day	80.8	75.9	84.9
5 or 6 days	12.2	8.9	16.5
3 or 4 days	5.7	3.7	8.8
0, 1, or 2 days	1.3	0.5	3.7

(Q38b) During the past week, how many days did you or someone else in your household read a book or story with your child?

	%	95% CI*	
Every day	50.5	44.8	56.2
5 or 6 days	25.8	20.9	31.3
3 or 4 days	17.4	13.6	22.0
1 or 2 days	4.4	2.8	7.0
None	1.9	0.9	4.2

(Q38c) During the past week, how many days did you or someone else in your household sing songs or say rhymes with your child?

	%	95% CI*	
Every day	52.9	47.2	58.6
5 or 6 days	22.0	17.5	27.2
3 or 4 days	15.8	12.1	20.4
1 or 2 days	7.5	5.0	11.0
None	1.8	0.8	3.9

(Q38d) During the past week, how many days did you or someone else in your household talk about feelings with your child?

	%	95% CI*	
Every day	45.2	39.5	50.9
5 or 6 days	19.7	15.4	24.9
3 or 4 days	23.5	19.0	28.8
1 or 2 days	8.6	6.0	12.2
None	2.9	1.6	5.1

*95% Confidence Interval

(Q38e) During the past week, how many days did you or someone else in your household play counting or number games with your child?

	%	95% CI*	
Every day	46.6	40.9	52.3
5 or 6 days	27.3	22.3	33.0
3 or 4 days	17.7	13.9	22.3
1 or 2 days	6.8	4.3	10.4
None	1.6	0.6	4.0

(Q38f) During the past week, how many days did you or someone else in your household build or make things with your child?

	%	95% CI*	
Every day	45.2	39.6	50.9
5 or 6 days	26.5	21.6	32.0
3 or 4 days	18.7	14.6	23.6
1 or 2 days	6.9	4.4	10.7
None	2.8	1.5	5.0

(Q40) Here is a list of statements describing some children’s daily life. For each of the following statements, check No if it does not describe your child’s situations *now* or check Yes if it does.

	% Yes	95% CI*	
My child has a caring relationship with at least one adult other than his or her parents	95.6	92.0	97.6
My child’s bedtime is usually the same everyday	89.5	85.6	92.5
My child plays with children outside the family on a regular basis	79.4	74.4	83.7

*95% Confidence Interval