

Training Resources for School Staff on Students with Chronic Conditions

Allergy/Anaphylaxis

General Staff Training

The Asthma and Allergy Foundation of America has developed a 13 slide PowerPoint presentation titled *Make the Injection Connection*. This slide show provides an overview of anaphylaxis basics and treatment appropriate for general staff training and is available on their website at www.aafaalaska.com. Several of the trainings below may also be used for educating general school staff; some offer modules or sections that may be viewed independently.

Training for Unlicensed School Staff

- *Alaska Emergency Medications: Training Unlicensed School Staff* – draws upon already developed curricula to train staff in recognizing and treating anaphylaxis, hypoglycemic diabetes emergencies and seizure emergencies. Includes emergency action plans, training and authorization forms. Available at: <http://dhss.alaska.gov/dph/wcfh/Pages/school/default.aspx>.
- National Association of School Nurses (NASN) *Get Trained for School Staff* PowerPoint Presentation – a comprehensive 20 minute training for the school nurse to present to school staff to train them to administer epinephrine through an auto-injector; downloadable from: <http://www.nasn.org/ToolsResources/FoodAllergyandAnaphylaxis/GetTrained/TrainingTools>
- Food Allergy Research & Education (FARE) *How to CARE for Students with Food Allergies* - an interactive, multimedia program designed to help teachers, administrators and other school personnel prevent and manage potentially life-threatening allergic reactions; available at <http://allergyready.com/>
- NEA *The Food Allergy Book: What School Employees Need to Know* - a pocket-sized booklet for school employees to learn about food allergies and allergic reactions at school; copies are available by calling 877-250-5795; accessible online at: <http://www.neahin.org/educator-resources/foodallergybook.html>
- Schools.AllergyHome.org *Food Allergies in School: What School Staff Need to Know* - a school nurse resource containing 5 modules, that can be viewed separately, to train staff in food allergies available at: <http://www.allergyhome.org/schools/management-of-food-allergies-in-school-what-school-staff-need-to-know/>

Asthma

General Staff Training

- *Asthma Basics*, offered by the American Lung Association, is a 50-minute online educational learning module designed to assist healthcare professionals, anyone with asthma, parents, caregivers,

friends, and family to learn more about asthma. Asthma Basics includes videos and printable documents, plus animation that shows what happens to the airways during an asthma episode. The materials are available at www.Lung.org/asthmabasics.

Training for Unlicensed School Staff

- *Alaska Medication Administration: Training Unlicensed School Staff* is a basic course in medication administration that includes administration of asthma inhalers. The training should be provided by a healthcare professional. The curriculum has been approved by the Alaska Board of Nursing as one that registered nurses may use to train and delegate to unlicensed school staff. The training is available at: <http://dhss.alaska.gov/dph/wcfh/Pages/school/default.aspx>.

Diabetes

General Staff Training

- American Diabetes Association *Tips to Help Teachers Keep Kids with Diabetes Safe at School* PowerPoint – a 20 slide presentation and talking points to help inform teachers about how to keep students with diabetes safe at school. School nurses and parents can work together to present the information. The presentation defines diabetes, describes warning signs for immediate concerns such as hypoglycemia, and gives tips for helping students with diabetes succeed in the classroom. Available at: <http://www.diabetes.org/living-with-diabetes/parents-and-kids/diabetes-care-at-school/school-staff-trainings/training-resources.html>

Training for Unlicensed School Staff

- *Alaska Diabetes Management: Guide for Training Unlicensed School Staff* – draws upon already developed curricula (see below) and includes Alaska Diabetes Individualized Care Plan, authorization forms and resources for training school staff to assist students with diabetes tasks. Available at: <http://dhss.alaska.gov/dph/wcfh/Pages/school/default.aspx>.
- *Alaska Emergency Medications: Training Unlicensed School Staff* – draws upon already developed curricula to train staff in recognizing and treating anaphylaxis, hypoglycemic diabetes emergencies and seizure emergencies. Includes emergency action plans, training and authorization forms. Available at: <http://dhss.alaska.gov/dph/wcfh/Pages/school/default.aspx>.
- *Diabetes Care Tasks at School: What Key Personnel Need to Know. School Training Modules*¹. American Diabetes Association (*Safe at School, ADA School Training Curriculum*) – a two-part training curriculum consisting of a 13-slide PowerPoint presentation with corresponding video segments, developed for health care professionals to use to train school personnel on diabetes care tasks.
- *Helping the Student with Diabetes Succeed*. National Diabetes Education Program (NDEP) – A comprehensive guide developed by key federal government agencies and diabetes and educational organizations to educate school personnel about diabetes management at school, available online at: <http://ndep.nih.gov/publications/PublicationDetail.aspx?PubId=97#main>

¹ Contact Michelle Cassano (mcassano@diabetes.org or (907) 272-1424) for a copy.

Epilepsy

General Staff Training

- Epilepsy Classroom – a program created to help teachers bring epilepsy awareness to their class in a factual and informative manner. This program delivers accurate and helpful information about epilepsy to both students and teachers. The web-based materials include lesson plans and classroom resources. Available at: <http://www.epilepsyclassroom.com/home/index.aspx>
- A 13 slide presentation to present to school staff as an introduction to epilepsy and includes seizure types, how to respond to each, and when to call 911.
http://www.epilepsyclassroom.com/resources/additional_resources.aspx

Training for Unlicensed School Staff

- *Alaska Emergency Medications: Training Unlicensed School Staff* – draws upon already developed curricula to train staff in recognizing and treating anaphylaxis, hypoglycemic diabetes emergencies and seizure emergencies. Includes emergency action plans, training and authorization forms. Available at: <http://dhss.alaska.gov/dph/wcfh/Pages/school/default.aspx>.

Other Pertinent Training Opportunities:

Bloodborne Pathogens

- Precautions Against Bloodborne Pathogens – the Department of Education and Early Development has an eLearning module that assists schools in complying with federal law requiring initial and annual training on bloodborne pathogens for employees at risk for occupational exposure to body fluids. Available at: <http://education.alaska.gov/ELearning/>.
- Safety Video Source <http://www.safetyvideosource.com/p-362-bloodborne-pathogens-for-non-healthcare-employees.aspx>
- American Red Cross
<http://www.redcross.org/portal/site/en/menuitem.d229a5f06620c6052b1ecbf43181aa0/?vgnextoid=8b6fc0e92ba0d210VgnVCM10000089f0870aRCRD&vgnnextchannel=aea70c45f663b110VgnVCM1000089f0870aRCRD#Pathogens>

Department of Education and Early Development eLearning courses (available at <http://education.alaska.gov/ELearning/>) include:

- Suicide Prevention Part 1 - meets the requirements of state mandates for suicide awareness and prevention training.
- Fetal Alcohol Syndrome – training for alcohol and drug-related disabilities required by state statute
- Domestic Violence and Sexual Assault Educator Training – fulfills state mandate for continuing education for public employees who are required by law to report abuse or neglect of children.
- Child Abuse Prevention Training – meets state requirements for persons employed by the district who are required by law to report abuse or neglect of children.
- Multiple coursework available to fulfill the state-required 6 hours of annual training for those employees providing direct or related services to special education children.

General Information Sources about Students with Chronic Conditions:

Allergy/Anaphylaxis

- Asthma and Allergy Foundation of America <http://www.aafa.org/>
Alaska Chapter www.aafaalaska.com
- Asthma and Allergy Foundation of America <http://www.aafa.org/> Alaska Chapter www.aafaalaska.com
- Centers for Disease Control and Prevention
Food Allergies in Schools <http://www.cdc.gov/healthyyouth/foodallergies/>
Food Allergies Publications & Resources
<http://www.cdc.gov/healthyyouth/foodallergies/publications.htm>
- Food Allergy Research & Education <http://www.foodallergy.org/>
- Kids with Food Allergies <http://community.kidswithfoodallergies.org/pages/community>
- National School Board Association. Safe at School and Ready to Learn: A comprehensive Policy guide for Protecting Students with Life-Threatening Food Allergies. <http://www.nsba.org/mwg-internal/de5fs23hu73ds/progress?id=IA+yIJRXCy&dI>
- USDA http://www.fns.usda.gov/cnd/Guidance/special_dietary_needs.pdf

Asthma

- American Lung Association <http://www.lung.org/>

Asthma-Friendly Schools Initiative

The Asthma-Friendly Schools Initiative provides a framework and tools that communities and schools can use to develop a comprehensive approach to asthma management, including planning tools, policy recommendations, and education programs. A robust toolkit makes it easy to choose programs based on local needs and resources. Learn more at www.Lung.org/afsi.

Open Airways For Schools

Approved and recommended by the National Association of School Nurses

Over 40,000 U.S. schools have used this program to educate children ages 8-11 about asthma. The program strives to improve self-management skills, decrease asthma emergencies, raise awareness among parents and promote broader asthma management coordination among students, parents and schools. Learn more at www.Lung.org/openairways.

Lungtropolis Where Kids with Asthma Learn to Play

For ages 5 to 10 a website with action packed games designed to help children control their asthma. Available at: <http://www.lungtropolis.com/>

- Asthma and Allergy Foundation of America <http://www.aafa.org/>

Alaska Chapter www.aafaalaska.com

- Centers for Disease Control and Prevention <http://www.cdc.gov/asthma/>

Diabetes

- American Diabetes Association www.diabetes.org

Alaska Chapter <http://www.diabetes.org/in-my-community/local-offices/anchorage-alaska/>

Centers for Disease Control and Prevention <http://www.cdc.gov/diabetes/>

Epilepsy

- Centers for Disease Control and Prevention <http://www.cdc.gov/Epilepsy/>
- Epilepsy Foundation <http://www.epilepsyfoundation.org/>
Epilepsy Foundation Northwest www.EpilepsyNW.org
Alaska Epilepsy resources <http://www.akepilepsy.org/>

Students with Special Health Needs

- Stone Soup Group <http://www.stonesoupgroup.org/>
- Texas Education Agency. School Health - Students with Special Health Needs. A webpage with information about specific health conditions commonly addressed in the school setting http://www.tea.state.tx.us/special_needs.html

National Association of School Nurses Position Statements

- Allergy/Anaphylaxis Management in the School Setting <http://www.nasn.org/Portals/0/positions/2012psallergy.pdf>
- Chronic Health Conditions Managed by School Nurses <http://www.nasn.org/Portals/0/positions/2012pschronic.pdf>
- Delegation <http://www.nasn.org/Portals/0/positions/2010psdelegation.pdf>
- Diabetes Management in the School Setting <http://www.nasn.org/Portals/0/positions/2012psdiabetes.pdf>
- Individualized Healthcare Plans <http://www.nasn.org/Portals/0/positions/2008psindividualized.pdf>
- Medication Administration in the School Setting <http://www.nasn.org/Portals/0/positions/2012psmedication.pdf>
- Section 504 and Individuals with Disabilities Education Improvement Act – the Role of the School Nurse <http://www.nasn.org/Portals/0/positions/2013ps504.pdf>
- Unlicensed Assistive Personnel – the Role of the School Nurse <http://www.nasn.org/Portals/0/positions/2011psuap.pdf>