

## Tips for Senior Medicare Patrols (SMPs) to Reach People Under 65 with Medicare

The following organizations serve people under 65 with Medicare (i.e. people with physical and/or mental disabilities) and are good options for identifying Medicare Minute sites in your community. Of course, you may know of disability-serving sites specific to your state or area, and we encourage you to connect with them, too. The Medicare Rights Center can provide templates and other tools for reaching out to sites to host Medicare Minutes: please contact Scarlet Watts ([swatts@medicarerights.org](mailto:swatts@medicarerights.org) or 212-204-6285) for more information.

- **Aging and Disability Resource Centers (ADRCs)** provide long-term supports and services to older adults and people with disabilities. ADRCs are located within several states across the country, and offer counseling and assistance to empower people so that they can make informed decisions about long term supports and service programs.

To find an ADRC in your area use the online ADRC locator.

<http://www.adrc-tae.acl.gov/tiki-index.php?page=ADRCHomeTest>

- **National Council on Independent Living (NCIL)** advances independent living and the rights of people with disabilities through advocacy work. NCIL is the umbrella organization for nationwide Centers for Independent Living (CILs), non-residential gathering places, where people with disabilities develop the skills to advocate for themselves and make their own lifestyle choices. CILs work with individuals and communities to help remove barriers to independence and ensure equality of persons with disabilities. Generally, CILs are run by and for people with disabilities.

Visit the NCIL directory to find a Center for Independent Living (CIL) in your area.

<http://www.ilru.org/html/publications/directory/index.html>

- **ARC USA** promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

There are more than 700 state and local ARCs.

<http://www.thearc.org/find-a-chapter>

- **American Association of People with Disabilities (AAPD):** is the nation's largest disability rights organization and promotes economic empowerment, independent living, and political participation of people with disabilities.
- **Adult Day Care Centers** provide services to help older adults and adults with disabilities to remain as independent as possible in their own homes. Adult day services provide programs during the daytime, including activities, social interaction, meals, health screening and monitoring, personal care, and sometimes transportation.
- **Assisted Living Facilities** provide live-in health and personal care assistance to older adults and people with disabilities.

- **American Association of Service Coordinators** supports service coordinators who serve individuals, families, the elderly, and persons with disabilities in housing situations through leadership, education, training, networking, advocacy and other member services.
- **National Alliance on Mental Illness** is dedicated to building better lives for the millions of Americans affected by mental illness, many of whom are under 65 years of age and are eligible for Medicare due to their disability.

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