

Strangulation

Strangulation is any pressure on your neck which keeps your brain from getting oxygen and/or blood flow. This can be life-threatening and the danger can continue even after the strangulation itself.



front

Because of the many health risks from strangulation, it may be important that you return to the Forensic Nursing Services for a follow-up exam.

Your appointment is scheduled for:

FMH Forensic Nursing Services (907) 458-5221

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Strangulation

After you leave the hospital, be aware of any changes like:

- Trouble breathing
- Blacking out
- Passing out
- Trouble swallowing

If any of these occur, return to the emergency room. These conditions could be life threatening.

You should also have someone you trust stay with you or check on you for the next 24-36 hours. If you have new or increased bruising, please call FMH Forensic Nursing Services.

See your doctor if you continue to have pain in your throat or changes in your voice for more than 3-4 days.

**FMH Forensic Nursing Services
(907) 458-5221**

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